Montcalm Mile

July 4th

Ticonderoga, NY

Join us in historic Ticonderoga to celebrate the Forth of July with the annual parade, celebration, and the running of the Montcalm Mile. The race is run on Montcalm Street, through Ticonderoga's main business district, a downhill course which precedes the annual 4th of July Parade, guaranteeing a course lined with spectators and good performances.

Entry Fee:	$10.00 Adult, $4.00 Child (under 16)
Check In:	12:30-1:30 at Wicker Ford (Wicker Street)
Race Time:	1:45 (Just Prior to the Parade Start)
Awards:	Medals to all Finishers. Age group results posted on the website: www.lachute.us
Divisions:	Male and Female, Age: 0-8, 9-11, 12-14, 15-19 20-29, 30-39, 40-49, 50-59, 60 and up.
Checks:	La Chute Road Runners
Information:	Jim Cunningham 26 Amherst Ave. Ticonderoga, NY 12883 jim4c4@gmail.com

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In consideration of accepting this entry, I the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waiver and release all rights and claims for damages I may have against the La Chute Road Runners, the Town of Ticonderoga, the Forth of July Committee, Road Runners of America, USA Track and Field, all sponsors and co-sponsors, volunteers and workers, race organizers and their representatives, successors, and assigns for any and all injuries suffered by me in said event. I attest that I am physically fit and have trained for this race.

Signature _____

Signature of Parent (If under 18) _____

Name

Age **Gender**

Address

City

State **Zip**