

La Chute Road Runners

Goals

Encourage the youth of the community to get involved in a beneficial activity.
Provide competitive opportunities for its membership.
Provide membership with educational and social opportunities.

Activities

Sponsor the Montcalm Mile, Resolution Run, Heritage Day 10K, Footrace at Fort Ticonderoga
Support a LCRRC Point Championship Series
Hold an annual Awards Banquet
Provide a newsletter
Provide organized training opportunities
Membership in Road Runner's Club of America

Club Membership/Application Waiver

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to sagely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing there facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the La Chute Road Runners, and all sponsors from all claims or liabilities of any kind arising out of my participation in there club activities, even though that liability may arrive out of negligence or carelessness on the part of the person named in this waver.

Membership type

Family \$10.00 ()

Individual \$5.00 ()

Student \$2.00 ()

Mail to

Matt Karkoski
25 Black Point Rd.
Ticonderoga, NY 12883

Checks

La Chute Road Runners
Newsletters will be emailed

Name _____

Address _____

Email _____

Family Members _____